

# LEARN TO RIDE - ENGLISH

## LEVEL 6 RUBRIC

A PRACTICAL HORSE KNOWLEDGE		
No.	Requirements	Evidences
1	Apply Polo Bandage and discuss.	
2	Demonstrate fitting a running and standing martingale as well as breastplate.	Riders should demonstrate the proper fit of running martingales, standing martingales and breastplates. Where possible tack should be fitted onto an unfamiliar horse.
3	Demonstrate pulling a mane and discuss various restraint methods.	
4	General Impression: Presentation of candidate, overall confidence and awareness of safety.	

B RIDING PHASE		
No.	Requirements	Evidences
1	Position <ul style="list-style-type: none"> <li>Position at all paces in basic seat.</li> </ul>	
2	Warm up <ul style="list-style-type: none"> <li>Efficient use of time allotment.</li> <li>Arena safety.</li> <li>Effectiveness of warm up.</li> </ul>	
3	Figures (accuracy and shape) and Movements (evenness, smoothness of pace and evidence of bend <ul style="list-style-type: none"> <li>Circles: 15M in trot and canter – rhythm and impulsion.</li> <li>3-loop serpentine wall-to-wall in trot: bend, shaping of loops, forwardness of pace.</li> <li>Simple change on long diagonal –</li> </ul>	Circles should demonstrate consistent bend, and rhythm. The candidate may not maintain consistent stride length and forwardness while on the circle but should do so on the long sides. Care should be taken to avoid a marked increase in the speed of the horse after riding the circle and returning to the straight line. Serpentine, at this level, should now demonstrate correct shape and definite changes of bend. Horse should be working forward through the serpentine. The rider should be able to recognize if some impulsion has been lost throughout the movement and discuss with evaluator if required.

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	<p>accuracy and smoothness.</p> <ul style="list-style-type: none"> <li>• Non-progressive transitions.</li> </ul>	
4	<p>Effectiveness</p> <ul style="list-style-type: none"> <li>• Consistency of rhythm and impulsion in all paces and movements.</li> <li>• Ability to ride leg to hand and maintain contact.</li> </ul>	
5	<p>Flat Test</p> <ul style="list-style-type: none"> <li>• Overall ability to produce a confident, well executed accurate ride appropriate to the level.</li> </ul>	
6	<p>General Impression</p> <ul style="list-style-type: none"> <li>• Applicant turnout and horse presentation.</li> <li>• Correct mounting, dismounting and handling of the horse.</li> </ul>	

<b>C JUMPING PHASE</b>		
<b>No.</b>	<b>Requirements</b>	<b>Evidences</b>
1	Candidates build and set stride of gymnastic line.	Gymnastic line: Trot approach to cross rail, 18' (5.50 m) to 2'3 – 2'6" over, 21' (6.40 m) to 2'3"- 2'6" vertical. Distances may be adjusted to suit the length of the stride of the horses in the test.
2	<p>Position</p> <ul style="list-style-type: none"> <li>• Gymnastics.</li> <li>• Course.</li> </ul> <p>(Maintaining correct position, focus on approach and recovery. Contact, release, contact after landing).</p>	It is not mandatory that candidates bring animals with full 12' strides to the exam. Demonstrating correct position, the focus is now on control of approach and recovery. Riders can hold a contact to the fence, release over the fence and regain contact after landing.
3	Effectiveness (rhythm and straightness)	Jump a course of 2'6 jumps. The course should be done at canter including canter approach to the first fence. Rider should be able to

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	<ul style="list-style-type: none"> <li>Gymnastics.</li> <li>Course.</li> </ul>	recognize leads soon enough to be able to change the lead through trot in the recovery phase and not have it run over into the approach phase for the next fence.
4	<b>Requirement</b> <ul style="list-style-type: none"> <li>Awareness of correct lead.</li> <li>Awareness of the importance of riding turns.</li> </ul>	Riders should be aware of the importance of the shape of the turn and the balance of the horse in the turns.
5	<b>General Impression</b> <ul style="list-style-type: none"> <li>Overall confidence, safety, control; rider conduct – entire ride.</li> </ul>	

D LUNGING PHASE		
No.	Requirements	Evidences
1	Presentation of handler and horse tacked with proper fitting tack and equipment. Understanding fit and use of side reins.	A suitably trained horse should be used. Horse to be presented with boots and bandages on all four legs, overreach boots, bridle, saddle and side reins. A lunging caveson, halter over bridle or Barnhum method is acceptable. Knowledge of fit and use of side reins.
2	Safety and technique: control of circle size, use of body language, voice and confidence.	Ability to keep horse active and moving forward, lunging on a circle that does not get too small or handler wanders. Effective use of voice commands and tone of voice. Safe technique.
3	Understanding of free forward movement and ability to recognize horse behind the bit or over bent. Understanding need to change direction but not necessarily demonstrate.	