

# LEARN TO RIDE - ENGLISH

## LEVEL 7 RUBRIC

A PRACTICAL HORSE KNOWLEDGE		
No.	Requirements	Evidences
1	Tail Bandage.	
2	Discuss and demonstrate fitting a figure-8 and flash noseband.	
3	Discuss their horse's feeding program in relation to its requirements.	
4	Discuss udder and sheath cleaning.	
5	General Impression: Presentation of candidate, overall confidence, and awareness of safety.	

B RIDING PHASE		
No.	Requirements	Evidences
1	<p>Position</p> <ul style="list-style-type: none"> <li>Position at all paces in full seat with.</li> <li>Without stirrups in warm up.</li> </ul>	<p>Position at all paces on the flat. Rider should demonstrate solid position with upper body being on the vertical at all paces except rising trot. Lower leg should fall under the base of support and position should be consistently maintained.</p> <p>Position at all paces without stirrups. Position should be solid and balanced with no gripping of knees or falling behind or ahead of the motion. Rider may not be able to demonstrate the independent use of aids that they did with their stirrups.</p>
2	<p>Warm up</p> <ul style="list-style-type: none"> <li>Use of warm up and critique of same.</li> </ul>	<p>During the warm-up time the evaluator may question the Rider if the Rider's program appears to be unclear, or to determine their comprehension of the warm-up.</p>
3	<p>Figures and Movements</p> <ul style="list-style-type: none"> <li>Simple change on long diagonal – accuracy and smoothness. Demonstrate and discuss leg yield: center line to quarter line at walk in warm up.</li> <li>Lengthen and shorten stride at trot in warm up.</li> </ul>	<p>Lengthen stride at trot should show a definite transition to some steps of a lengthen stride. Shorten stride needs to demonstrate a definite transition into a shorter stride than the horse's working trot. During the turn on the haunches movement the horse should neither step backward nor forward.</p>

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	<ul style="list-style-type: none"> <li>Demonstrate and discuss half turn on haunches in warm-up.</li> </ul>	
4	<p>Effectiveness</p> <p>Ability to ride forward with consistent contact.</p>	
5	<p>Flat Test</p> <ul style="list-style-type: none"> <li>Comprehension and critique of own performance.</li> <li>Overall ability to produce a confident, well executed and accurate ride.</li> </ul>	
6	<p>General Impression</p> <ul style="list-style-type: none"> <li>Applicant turnout and horse presentation.</li> <li>Correct mounting, dismounting and handling of the horse.</li> </ul>	

C JUMPING PHASE		
No.	Requirements	Evidences
1	<p>Candidate builds and sets stride of gymnastic line and course.</p>	<p>The gymnastic should be cross rail, 5.5m (18ft) to a 2'6 – 2'9 oxer, 21' (6.40 m) to a 2'6 – 2'9 vertical.</p> <p>Rider is expected to jump a course of 2'9. The course should be fairly basic but should be of a medal type and will have 1) a related distance, 2) 2 changes of rein, 3) at least one individual fence, and 4) a transition. Fences should be of competition type.</p>
2	<p>Position</p> <ul style="list-style-type: none"> <li>Gymnastics.</li> <li>Gymnastic: Contact, and releases as requested by evaluator.</li> <li>Course.</li> </ul>	<p>Rider will be authoritative on the approach and able to demonstrate stable, secure position through the line. Rider will approach straight, with the correct pace, and demonstrate good control in the recovery phase. The distances may be altered to suit ponies and horses with small strides.</p> <p>Release through the gymnastic as described by the evaluator who should now be able to see a progression from the crest release toward the automatic or follow through (out of hand) release.</p>
3	<p>Effectiveness</p> <ul style="list-style-type: none"> <li>Gymnastics.</li> <li>Course: consistent rhythm and</li> </ul>	



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	impulsion should be maintained.	
4	Requirement <ul style="list-style-type: none"><li>Course: critique of own performance.</li></ul>	Rider should be able to critique their course and evaluators should ask for feedback to see if Rider understand the concepts of jumping. Rider may use simple change of leads but it is important that they can explain why they're using simple changes.
5	General Impression <ul style="list-style-type: none"><li>Overall confidence, safety, control, and Rider conduct – entire ride.</li></ul>	